

**string |stri NG|**

noun

1 material consisting of threads of cotton, hemp, or other material twisted together to form a thin length.

- a piece of such material used to tie around or attach to something.
- a piece of catgut or similar material interwoven with others to form the head of a sports racket.
- a length of catgut or wire on a musical instrument, producing a note by vibration.
- (strings) the stringed instruments in an orchestra.
- [as adj.] of, relating to, or consisting of stringed instruments : *a string quartet*.

2 a set of things tied or threaded together on a thin cord : *she wore a string of agates around her throat*.

- a sequence of similar items or events : *a string of burglaries*.

• Computing a linear sequence of characters, words, or other data.

• a group of racehorses trained at one stable.

- a tough piece of fiber in vegetables, meat, or other food, such as a tough elongated piece connecting the two halves of a bean pod.

4 short for **STRINGBOARD**.

5 a hypothetical one-dimensional subatomic particle having the dynamical properties of a flexible loop.

(also **cosmic string**) (in cosmology) a hypothetical threadlike concentration of energy within the structure of space-time.**verb (past *strung* |stra NG| |strāng| |strāng|)**1 [trans.] hang (something) so that it stretches in a long line : *lights were strung across the promenade*

- thread (a series of small objects) on a string : *he collected stones with holes in them and strung them on a strong cord*.

• (be strung) be arranged in a long line : *the houses were strung along the road*.

- (string something together) add items to one another to form a series or coherent whole : *he can't string two sentences together*.

2 [trans.] fit a string or strings to (a musical instrument, a racket, or a bow) : *the harp had been newly strung*.

3 [trans.] remove the strings from (a can).

4 Brit., Billiards another term for **LAG** (sense 2).

# LIGHTWRITING

Tanja Jäggi van Lisser

It is said that the one thing we can be certain of is change. It is a constant, yet we never can predict when and at what velocity it will arrive or depart.



For me it came as a tempest raging into my life and I stood frazzled. Then began the long cycle of yearning deeply for something part, layered with a permeable dark anger, while struggling to lift eyes to the open sky above that offered possibilities.

In consideration of attachment as a physical state, a ball of string finds its way into my hands. I had bought it at the hardware store, remarking to my friend, I am looking for something. What object, device or instrument will be found to serve as a tool to transmit a mnemonic idea into a visual one? At first I walked out into a dry desert wash, a place that holds the memory of water. Later, I took it everywhere; wound it, unwould it, cast it into rivers and off cliffs and drew it back, longing and despising, a gesture of almost desperate measures. At times we find the most profound things during our lowest points, the richness of the well revealed.

I read once, and have heard many times, that everything you need to know you can learn from a river. It is always flowing but always different, moving constantly towards its destination. Memory, like water, is fluid and changing.



rising and falling, and certainly not always predictable. The landscape offers metaphors for existential understandings.



In 1908 Arnold van Gennep identified three stages of passage: separation, transition and re-aggregation. It unfolds so clearly here.

Transformation occurs in allowing things to change states as simply as molecules become solids, liquids and gases. Small gestures repeat themselves, and finally, something very physical and recognizable, a visible change to the body. The moment of ritual creates a liminal space for transcendence beyond the everyday exhaustion of human activity.



tomoko jones, 2008



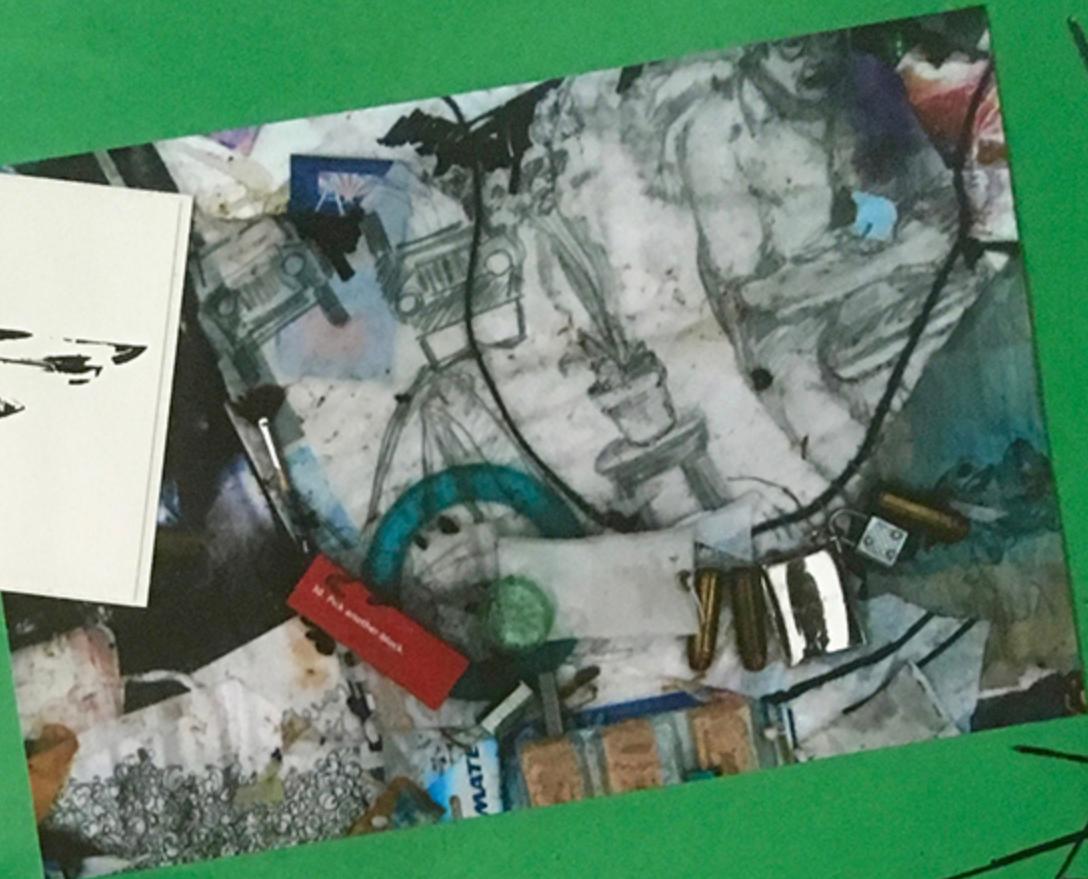






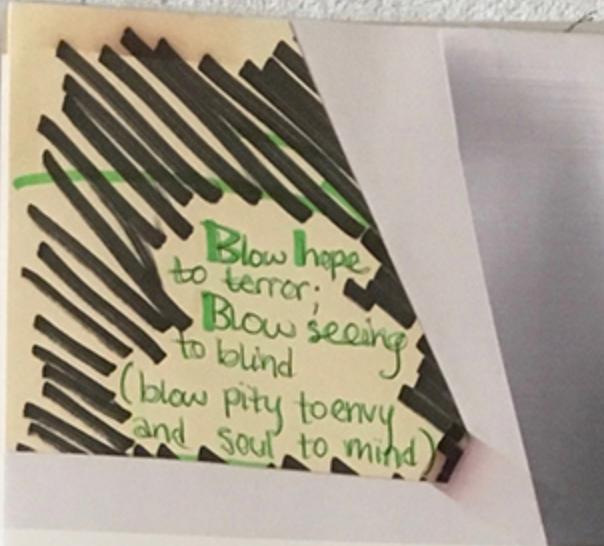


DOOMTREE





Blow on burning dry grass, my spirit is very hot.  
I am a child of the sun, I am a child of the earth,  
I am a child of the stars, I am a child of the sky.  
I am a child of the wind, I am a child of the rain,  
I am a child of the clouds, I am a child of the clouds.  
I am a child of the clouds, I am a child of the clouds.



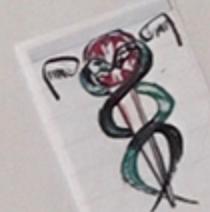
you by god.  
for I am they are pointing at the queer monkey with a little  
oldish doll-like face and hairy arms like an ogre and rubberous  
ed hands and feet filled with quick fingers and a remarkable tail  
which is all by myself alive,(and he has a little red coat with i  
have a real pocket in it and the round funny hat with a big feel  
is tied under my hair chin.) that climbs and cries and runs at  
flame like a toy on the end of a string

7  
who were so dark of heart they might not speak,  
a little innocence will make them sing;  
teach them to see who could not learn to look  
—from the reality of all nothing

will actually lift a luminous whale;  
turn sheer despairing to most perfect gay,  
nowhere to here, never to beautiful:  
a little innocence creates a day.

And something thought or done or wished without  
a little innocence,although it were  
as red as terror and as green as fate  
greyly shall fail and duly disappear.

but the proud power of himself death immence  
is not so as a little innocence





Adult Children of Alcoholics are often **sneaky**, **middle ground** and **more**. There is no more recognized than **your partner** who **did nothing** that did not see a family that **worked together**. Not having a wife or husband that **cooperated** and **let it all out** of your own **timidness**. Saying no is **extraordinary**. You do **not** have a **large capacity** of **anger** but rather **(1)** because you don't have **a real life**, you say "no", you do **not** have a **realistic attitude** that they will **do more** and **more** and **more** because **they are afraid** of **your capacity** or **because** you **really** have **a bloated sense** of **yourself**. Until you **burnt out** **you could be employable** more than **any else** for, but **better** in **business** **than ever**. It **was** **a better job** **but better in terms of** **what** **you could be** **employed** **more** **than ever**. Until you **burnt out** **you could be** **employed** **more** **than ever**.



Blow hope  
to terror;  
Blow seeing  
to blind  
(blow pity to envy  
and soul to mind)

yes, By god.

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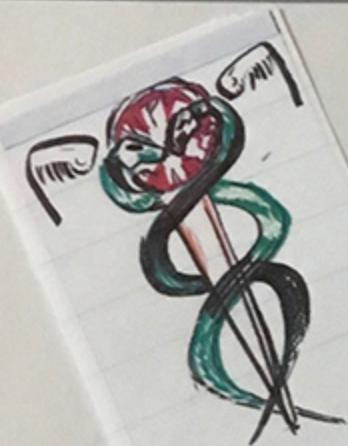
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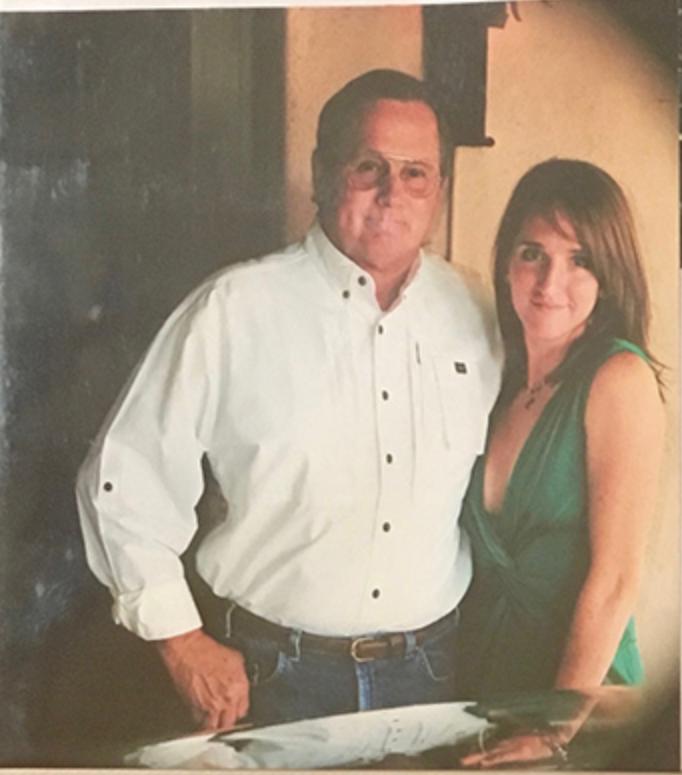
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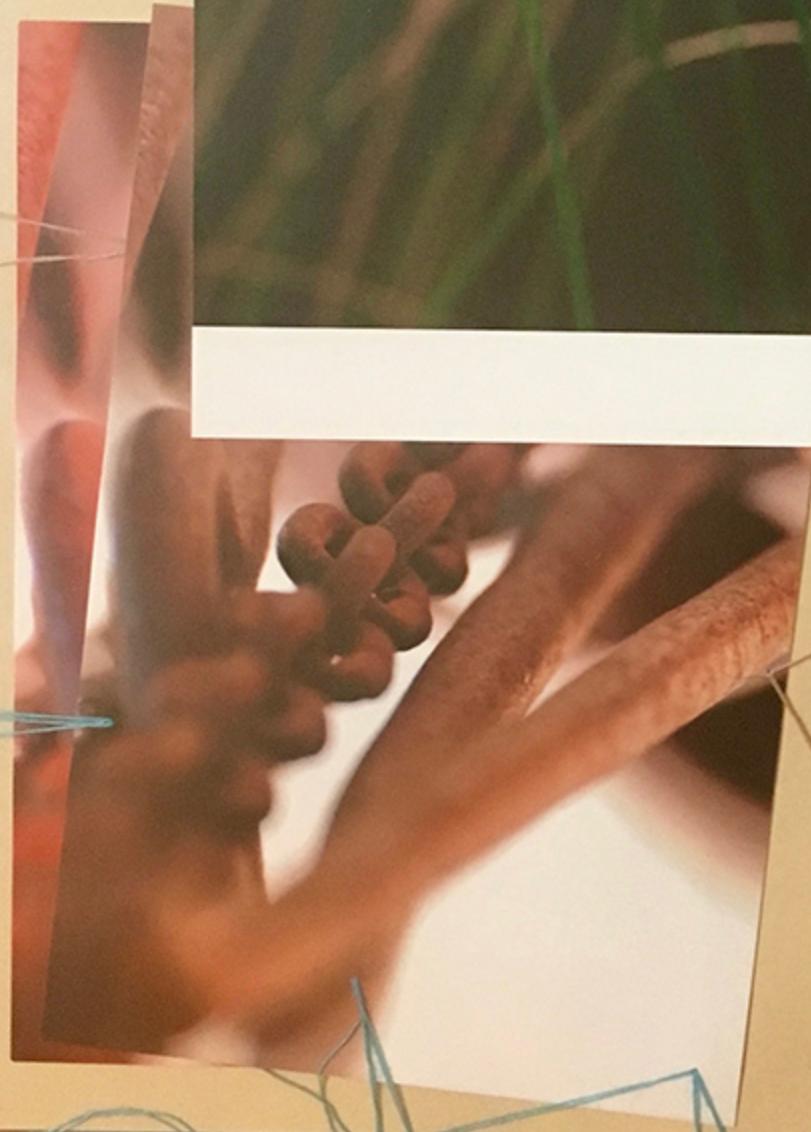
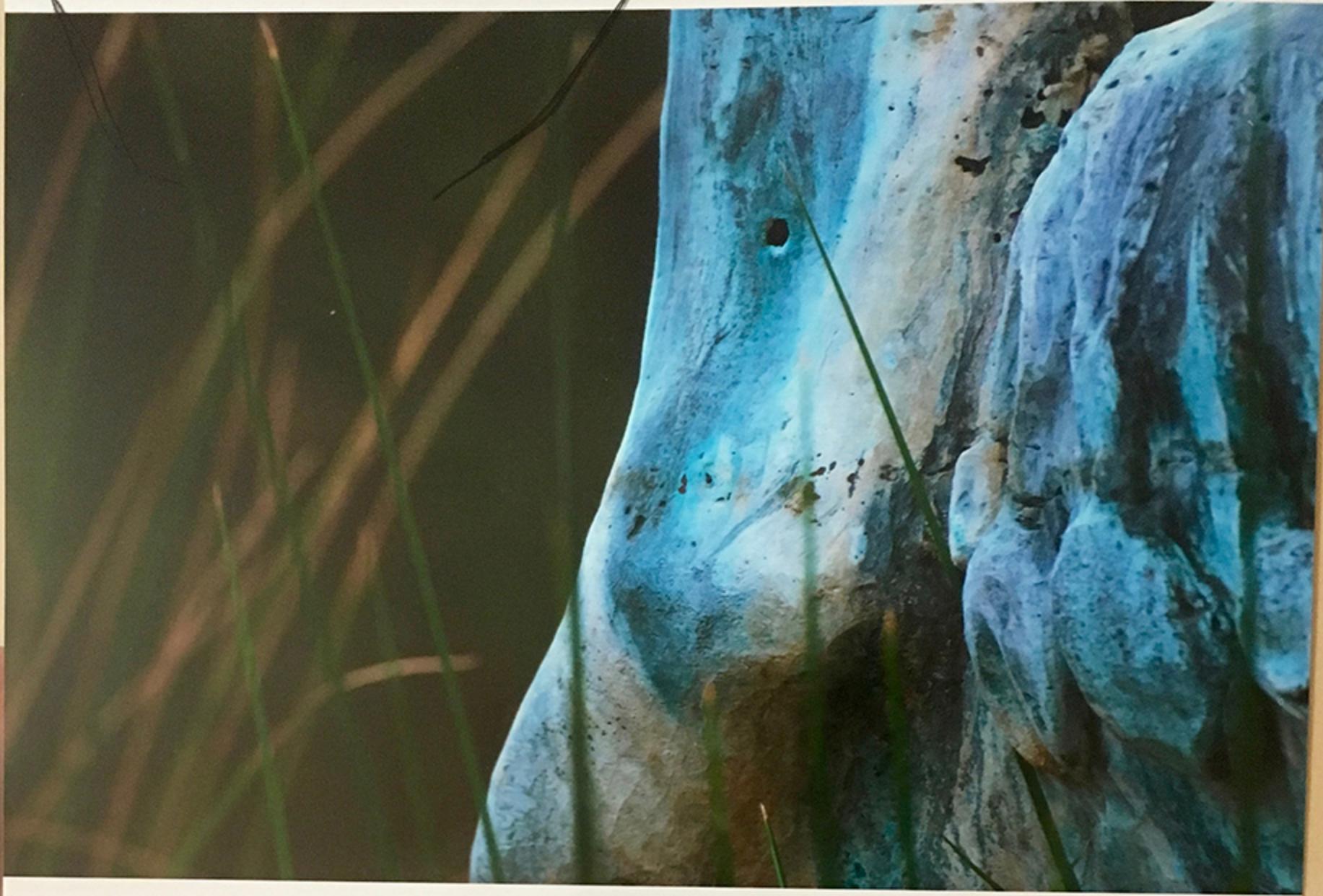




"...to bring proper care of the physical body, you need a certain amount of time and resources, not just one or two. In the same manner as with learning, you need a variety of other methods to deal with it. You can't just use one method, unless you're trained in it. And if you are trained in the various negative ways of thinking, it's not possible at all that simply by adopting a more positive thought or a technique once or twice, change takes time. True change takes time. 3-6 months. If you're training how to practice, the body needs time to adapt to the new way of being. And in the same way, transforming your mind is like a slow process. It's not instantaneous, so you need time and consistency to make it work. That said, it's the continued application of our techniques and taking time to familiarize yourself with the process. It's a lifelong task."

"...things may seem like they have been about the idea of transformation, we begin, the methods used, or the means of transformation. But in reality, the negative. So, actually the process replacing processes in new positive conditions."

"Continuing the same process, there is no constant inconsistency. A change, we can transform ourselves in a positive way."



After making proper care of the physical body, you need a variety of vitamins and nutrients, not just one or two. In the same way, in order to achieve happiness, you need a variety of techniques and methods to deal with and overcome the various complex negative mental states. And if you are seeking to change certain negative ways of thinking, it is not possible to do that simply by adopting a particular thought or using a technique once or twice. Change takes time. Even a simple change takes time. For instance, if you're moving from one place to another, the body needs time to adapt to the new environment. And in the same way, transforming your mind takes time. There are a lot of negative mental traits, so you need to identify them and counteract each one of these. That isn't easy. It requires repeated application of various techniques and taking time to familiarize yourself with the practices. It's a process of learning.

He said, "I think that as time goes on, you can make positive changes. Everyday as soon as you get up, you can develop a simple morning routine. You can do a few minutes of

things may arise, like: first learn about the problem, then make up determination, and then begin the implementation. The implementation is very small, so the results will be very small. However, eventually, through the practice of Dharma, the negative mental states will be replaced by positive mental states. So, actually the practice of Dharma is a process of replacing previous negative mental states by new positive conditions."

Continuing he said, "If we are pursuing Dharma, there isn't constant familiarity with the Dharma. Through change, we can transform our mind. There are various methods of

"The term Dharma has a wide range of meanings. It is more often used to refer to the spiritual path or the principles of the spiritual path."



kids assume so much from one parent and hold the other to a lower, looser standard?

Maybe it's like my old man said: You can be a mama's boy or a daddy's boy, but you can't be both. So you cling to the one you think you might lose.

#### Times My Mother Stood Up for Me

*I am five years old. We are walking to Fenelli's market. A neighbor in a bathrobe and pink curlers opens her screen door and calls to my mother. As they talk, I wander to the backyard of the house next door.*

*Suddenly, out of nowhere, a German shepherd lunges at me. Awwwww! It is tethered to a clothesline. Awwwww! It rises on its hind legs, straining the leash. Awwwww!*

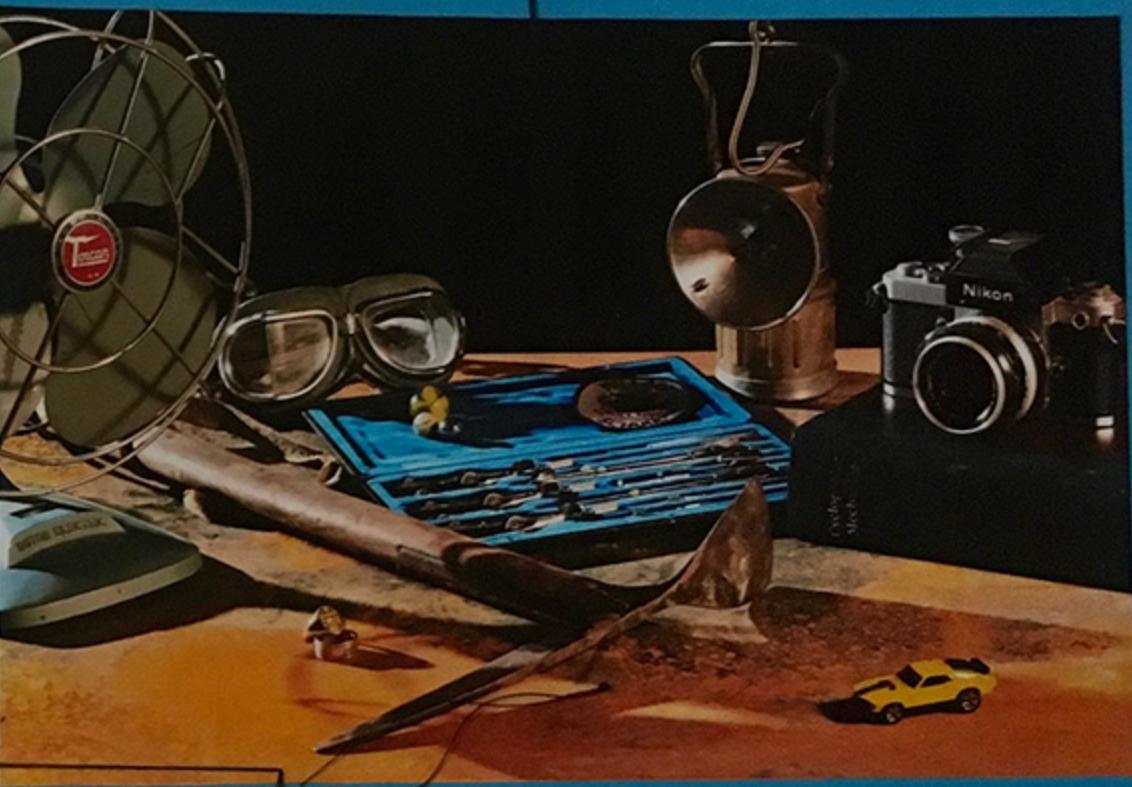
*I whirl and run. I am screaming. My mother dashes to me. "What?" she hollers, grabbing my elbows. "What is it?" "A dog!"*

*She exhales. "A dog? Where? Around there?" I nod, crying.*

*She marches me around the house. There is the dog. It barks again. Awwwww! I jump back. But my mother pushes me forward. And she barks. She barks. She makes the best barking sound I have ever heard a human being make.*

*The dog falls into a whimpering crouch. My mother turns. "You have to show them who's boss, Charley," she says.*

*(from a list in a notebook found amongst Chick Benema's belongings)*



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*Suddenly, out of nowhere, a German shepherd lunges at me. Awowwow! It is tethered to a clothesline. Awowwow! It rises on its hind legs, straining the leash. Awowwow!*

*I swirl and run. I am screaming. My mother dashes to me.*

*"What?" she bollers, grabbing my elbows. "What is it?"*

*"A dog!"*

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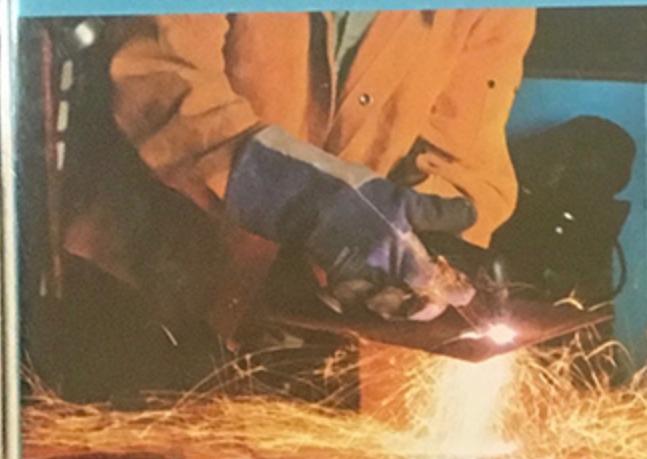
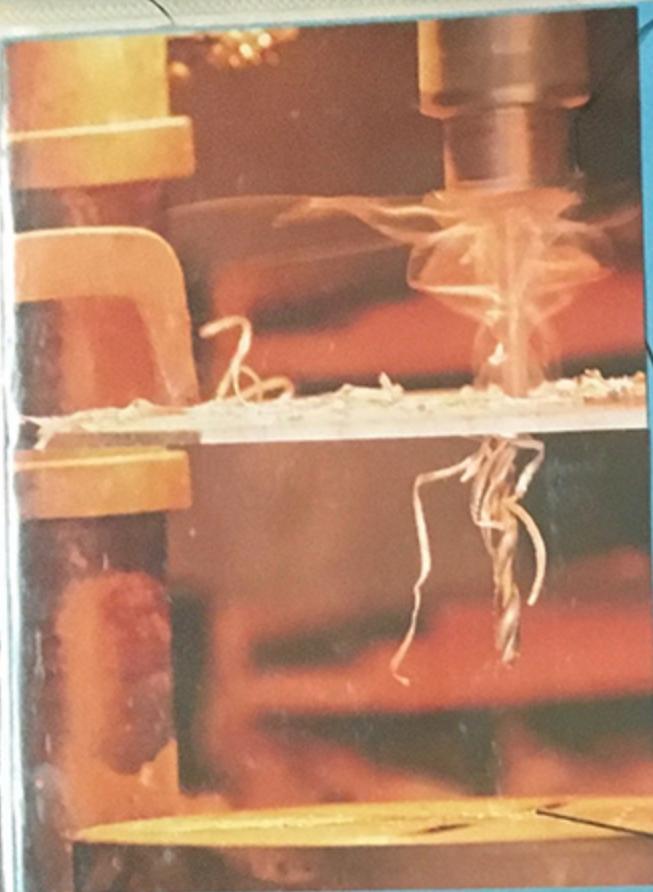
*I nod, crying.*

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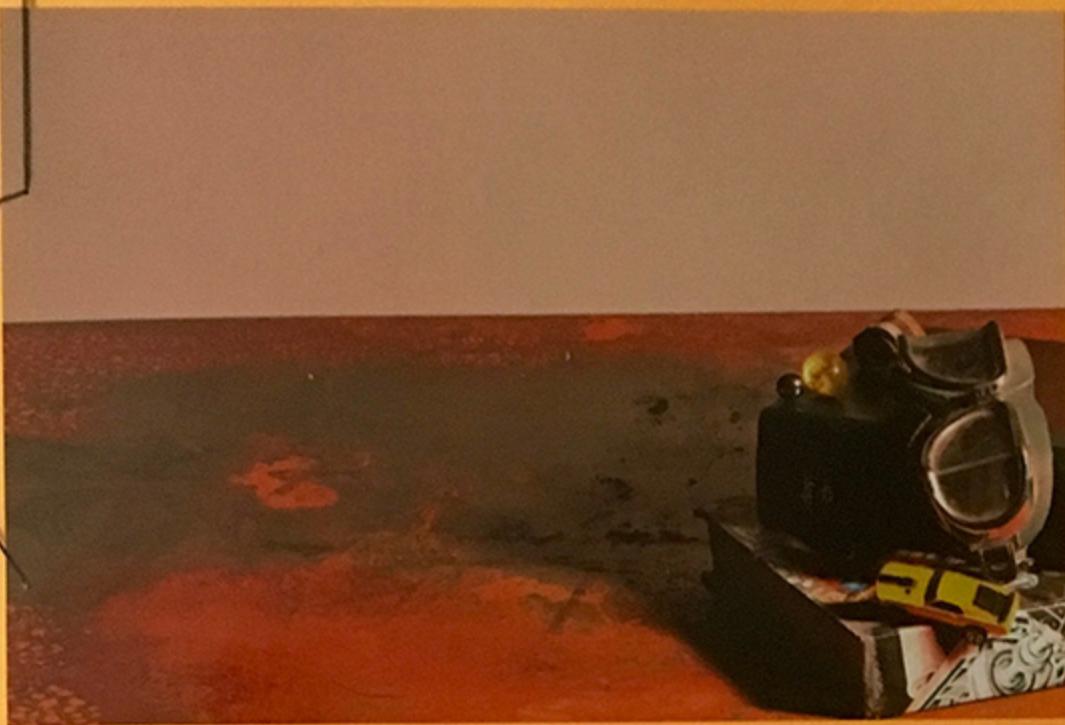


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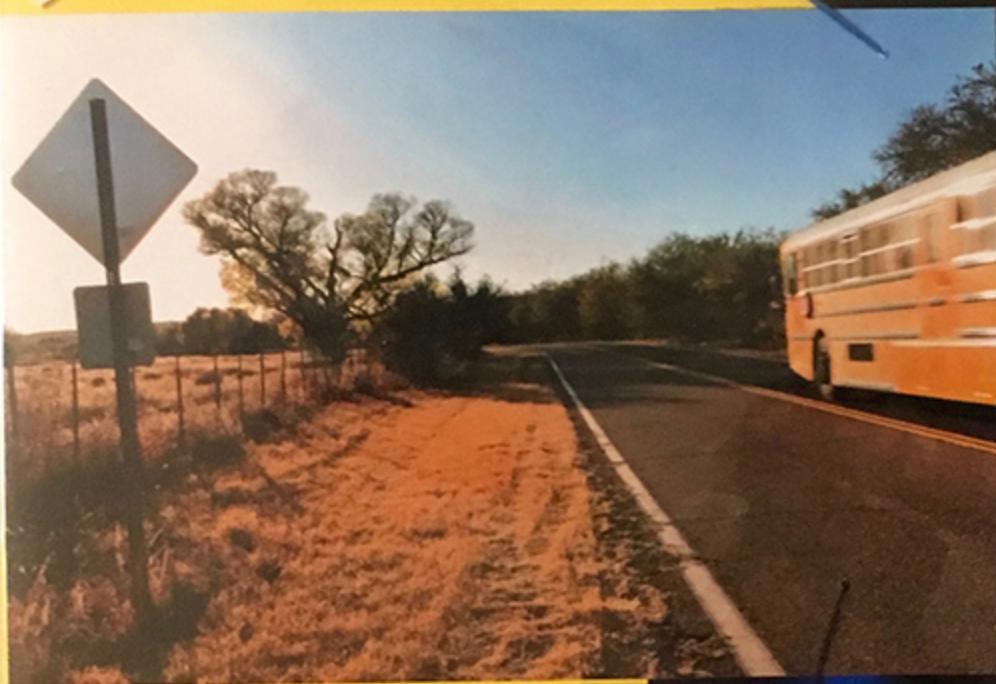






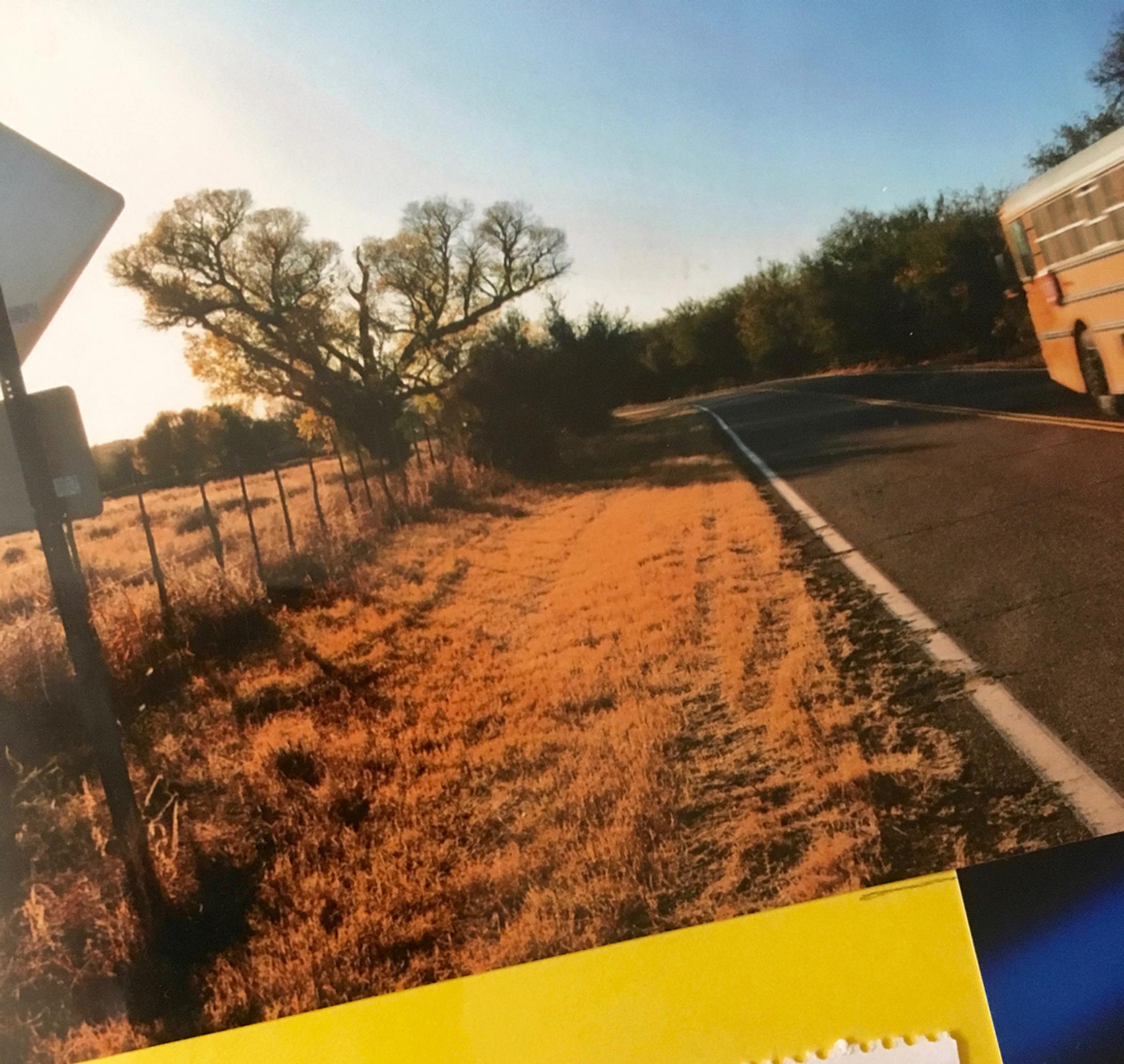


what if a dawn of a doom of a dream  
bites this universe in two,  
Peels forever out of his grave  
and sprinkles nowhere with me and you?



However, eventually, as you gradually build up the positive practices, the negative behaviors are automatically diminished. So, actually the practice of Dharma® is a constant battle within, replacing previous negative conditioning or habitation with new positive conditioning.

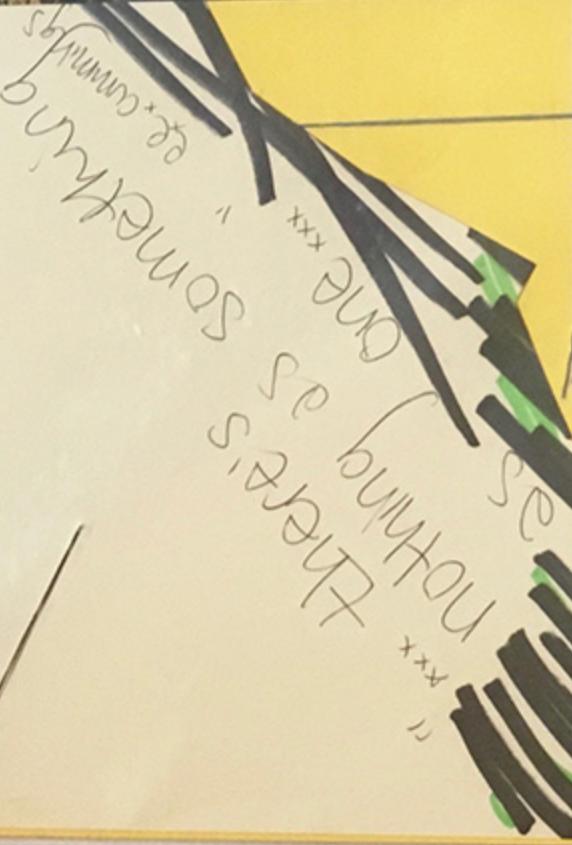
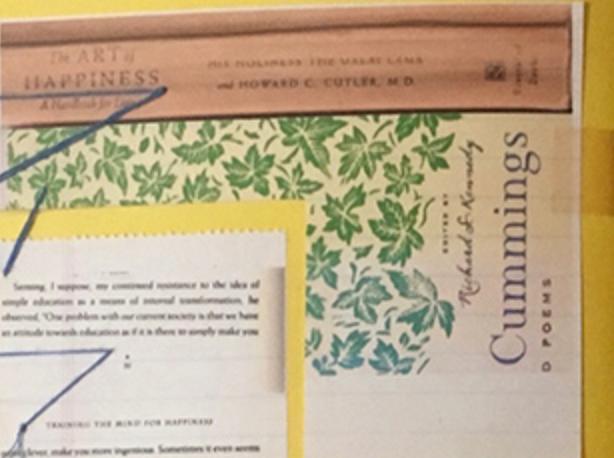




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- connectedness
- transcendence
- well-being



Sometime I suppose, we continued resonance to the idea of ample education as a means of internal transformation, he observed. "One problem with our current society is that we have an attitude towards education as if it is there to simply make us clever, make you more ingenious. Sometimes it even seems as if those who are not highly educated, those who are less sophisticated in terms of their educational training, are more innocent and more honest. Even though our society does not emphasize this, the most important use of knowledge and education is to help us understand the importance of engaging in more wholesome actions and bringing about discipline within our minds. The proper utilization of our intelligence and knowledge is to effect changes from within to develop a good heart."

Everyday we are faced with numerous decisions and choices. And try as we may, we often don't choose the thing that we know is "good for us." Part of this is related to the fact that the "right choice" is often the difficult one—the one that involves some sacrifice of our pleasure.

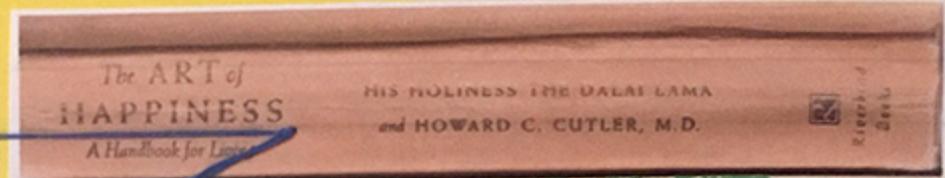
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"the pleasure of what we enjoy is lost in wanting more"





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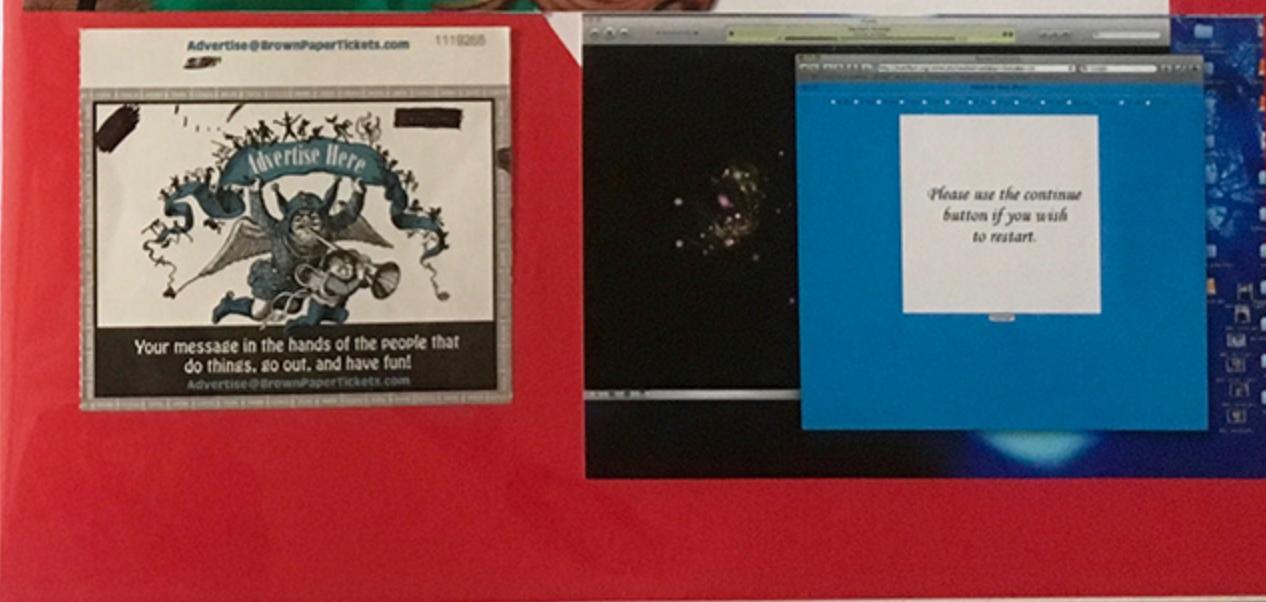


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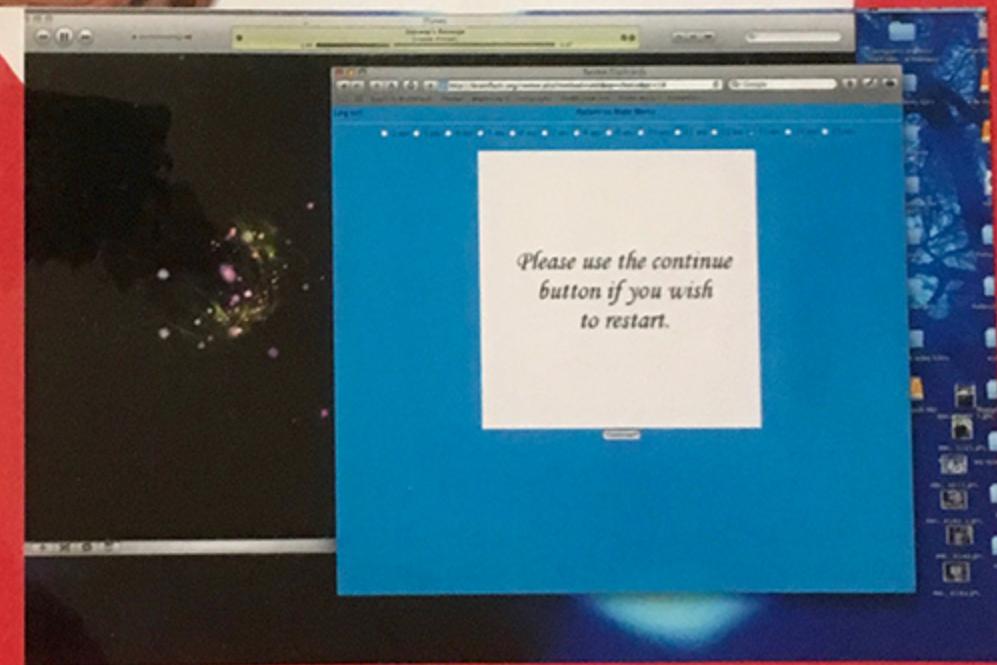




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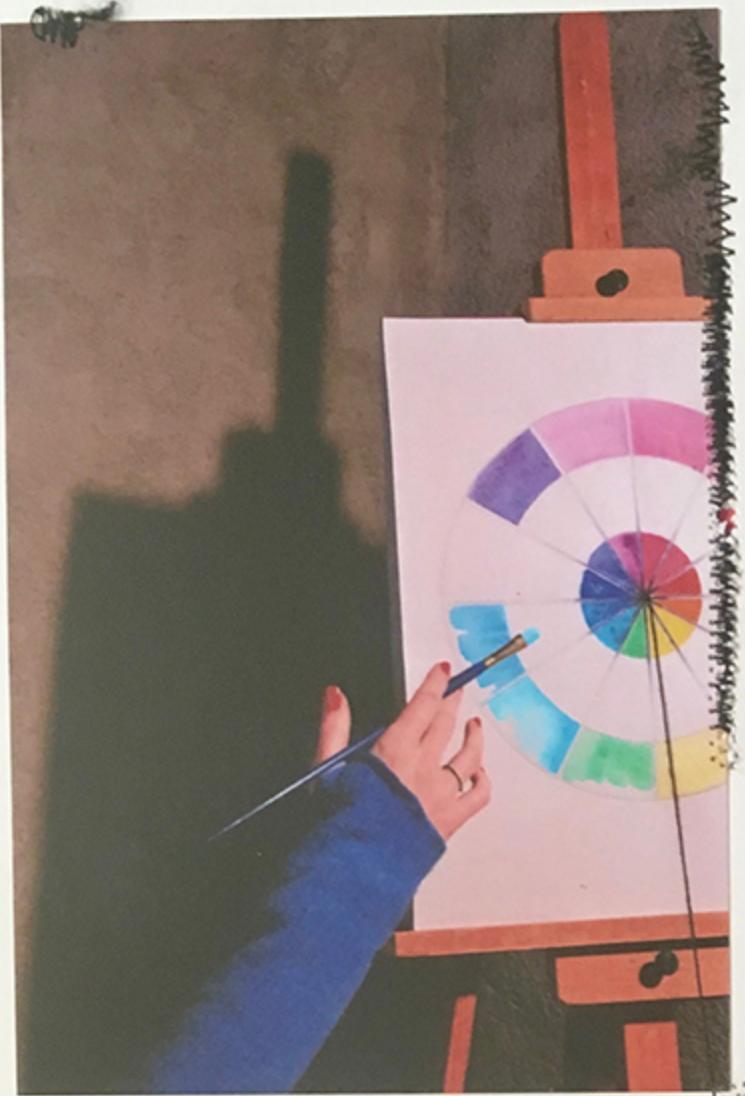
A cartoon illustration of a blue dragon breathing fire. A banner draped over the dragon's head reads "Advertise Here". Below the dragon, a small crowd of people is cheering. At the bottom of the ad, there is a black banner with white text.

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